

SEPTEMBER IS

HUNGER ACTION MONTH

30 DAYS
OF ACTION
AGAINST
HUNGER



SUN	MON	TUE	WED	THU	FRI	SAT
		1  PASTA Donate a box of pasta.	2  APPLESAUCE Donate a plastic jar or cup of applesauce.	3  SPEAK UP Share a post about Hunger Action Month.	4  JUICE Donate a plastic bottle or carton of juice.	5  CEREAL Donate a box of cereal.
6  INSTANT PUDDING Donate a box of instant pudding.	7  SPREAD THE WORD Tell a friend or coworker about the drive.	8  CRACKERS Donate a box of crackers.	9  KETCHUP Donate a plastic bottle of ketchup.	10  POPCORN Donate a bag of popcorn.	11  LEARN Paz de Cristo serves 300 meals per night, 365 days a year!	12  SALAD DRESSING Donate a plastic bottle of salad dressing.
13  PEANUT BUTTER Donate a plastic jar of peanut butter.	14  CANNED TOMATOES Donate a can of tomatoes.	15  SIGN UP Register for the Explore Paz de Cristo volunteer orientation on October 3.	16  CANNED VEGGIES Donate a can of vegetables.	17  STOCK Donate a carton of chicken, beef, or vegetable stock.	18  RICE Donate a bag of rice.	19  LEARN Paz de Cristo's hydration station offers water and relief during open hours.
20  OATMEAL Donate a container of oatmeal.	21  SALT Donate a container of salt.	22  FLOUR Donate a bag of flour.	23  LEARN Paz de Cristo offers showers to guests every Wednesday.	24  COOKING OIL Donate a plastic bottle of cooking oil.	25  SUGAR Donate a bag of sugar.	26  CANNED TUNA Donate a can of tuna.
27  HOT CHOCOLATE Donate a box of hot chocolate mix.	28  GATHER Collect everything you've set aside this month.	29  SHARE Post a reminder about the drive before it wraps up.	30  GET READY Pack up your bag or box for drop-off Saturday, October 3, 9-11 a.m.	 Collect throughout September Bring your items to Paz de Cristo October 3, 9-11 AM 424 W. Broadway Rd. Mesa, AZ 85210		

Join Paz de Cristo for Hunger Action Month with 30 days of ways to help our neighbors